

Whole Wheat Tortillas

Nutrition Facts

6 servings per container

Serving size 1 tortilla (57g)

Amount Per Serving

Calories 110

% Daily Value*

Total Fat 4g 5%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 70mg 3%

Total Carbohydrate 24g 9%

Dietary Fiber 2g 7%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 4g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 1.4mg 8%

Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ORGANIC FLOUR, FILTERED WATER, ORGANIC WHOLE WHEAT FLOUR, ORGANIC SUNFLOWER OIL, NON-GMO ALUMINUM FREE BAKING POWDER, SEA SALT

CONTAINS: WHEAT

MANUFACTURED BY:
MITLA TORTILLERIA
CHARLESTON, SC 29414