

# Nixtamal Corn Tortilla

## Nutrition Facts

10 servings per container

**Serving size** 1 tortilla (23g)

**Amount Per Serving**

**Calories** 50

**% Daily Value\***

**Total Fat** 0.5g 1%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 30mg 1%

**Total Carbohydrate** 12g 4%

Dietary Fiber 1g 4%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** 1g

Vitamin D 0mcg 0%

Calcium 40mg 2%

Iron 0.3mg 2%

Potassium 0mg 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ORGANIC WHITE CORN, ORGANIC YELLOW CORN, FILTERED WATER, SEA SALT, LIME, ORGANIC BLUE CORN (WHOLE KERNEL, DRY)

MANUFACTURED BY:  
MITLA TORTILLERIA  
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