

Nixtamal Corn Tortilla

Nutrition Facts

6 servings per container

Serving size 1 tortilla (61g)

Amount Per Serving

Calories 140

% Daily Value*

Total Fat 1.5g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 80mg 3%

Total Carbohydrate 33g 12%

Dietary Fiber 3g 11%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 3g

Vitamin D 0mcg 0%

Calcium 100mg 8%

Iron 0.7mg 4%

Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ORGANIC WHITE CORN, ORGANIC YELLOW CORN, FILTERED WATER, SEA SALT, LIME, ORGANIC BLUE CORN (WHOLE KERNEL, DRY)

MANUFACTURED BY:
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